

On intelligence and smile

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My colleague was watching a comedy show and every time the guys in video cracked some joke, he was smiling, sometimes that smile changed into a laughter and at others just an uncontrollable show of his front teeth. Watching him in excitement, suddenly I was struck with the following question,

Q: *Why do we smile?*

After spending some time over this question, we can connect some dots and see if it is really plausible or not. When we see or listen to something laughably strange, just like any other information, our brain processes this data in a fraction of a time instant. Then due to our intrinsic survival abilities, our brain first try to see how we fit into that strange scenario and if we would be safe or not. During this process, when we imagine ourselves into an awkward scenario (a laughable situation with positive energy of guilt and embarrassment) we try to stretch our face muscles to emphasis that we are not in a trouble or distress. This particular stretching of our face muscles to elaborate that we are not distressed in this particular awkward situation is called smile. The next question is, why we stretch our face muscles only? Probably this is because of how we have evolved over the course of time, quite strangely, we have all of our five senses concentrated on the face, in fact even if we include intelligence as sixth sense, this is also in our head. We communicate with the physical world through these senses, and these are all present on our face. Also the strongest and most developed of all these senses is our eyes. So stretching our face muscles to express that we are not in distress is probably the most vital sign to some opponents' eyes.

In short, from the above deduction, smile includes our brain's ability to quickly process some strange information and our face muscles' quick safety response to the environment. In other words this represents our brains' process and decision capabilities and its hold on our

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body, which is none other than intelligence. Human beings' ability to smile is a sign of their unique intellect. The last question remained is why some people only smile while others have a huge noisy laughter. I think this is connected to our brain's hold on our body. The weaker the hold, the more irregular the smile. So smiling insanely is a sign of weaker hold of our mind on our body reactions.

This unique and highly developed sense of smile is a symbol of our higher intellect that differentiates us from other living things. So every time someone smiles around, it's a symbol of safety and security in her/his personal mindset. Making others smile is like giving them a feel of protection.